LGBTIQ WOMEN'S HEALTH

2018_CONFERENCE

Research Resilience Respect

L G B 12&13

T I Q JULY

WHC 2018





thorne harbour health*





Alison Thorne

In April 1983, the first Australian citizen was diagnosed with AIDS in Melbourne. In June 1983 a public meeting was held at the Royal Dental Hospital with over 300 people united to learn more and do something about the emerging epidemic in Victoria. One voice at the meeting stood out amongst the many: that of well known feminist activist and gueer liberationist, Alison Thorne.

Alison motivated and mobilised the meeting, asking 'what are we going to do about this and how can we do it? What we need is an organisation.' Alison's rallying cry was the catalyst for the creation of what was to become the Victorian AIDS Council – VAC

It was Alison's ability to think with clarity and vision in the midst of growing fear, homophobia and AIDS hysteria that was characteristic of a true community leader and visionary.

Throughout her life, without giving a thought to the considerable personal cost to herself, Alison fought bravely and tirelessly for people living with HIV, trans people and more broadly for the rights of the LGBTIQ community.

Keith Harbour

Keith was a pioneer who is remembered as a hero in the history of the organisation. He was VAC President during 1987-89 and also held Executive positions in the Australian Federation of AIDS Organisations during 1990 and 1991. Keith was an inspiring leader who mobilised the community from high level political policy to grassroots activism with the AIDS Coalition To Unleash Power (ACT-UP).

During a time of turbulent change in the epidemic Keith kept a clear head and initiated actions that enabled people living with HIV to access treatment at a time when access meant the difference between life and death.

As a gay man living openly with HIV the fight could not have been more personal for Keith, but his work could never be described as narrow self-interest, He maintained a broad, expansive and inclusive vision. His work saved thousands of lives and paved the way to HIV becoming a chronic, manageable condition.

Keith died in August of 1991 working to make our community a safer and better place.



We are at a pivotal time in the history of the LGBTIQ community. In many respects our rights are recognised before society and the law as equal and valid but we must continue to work to ensure that our rights to physical and mental health and wellbeing are strengthened through community work and action.

In acknowledging these leaders, Alison Thorne and Keith Harbour, who were instrumental in the establishment of our organisation, we are not simply acknowledging our past.

We are also recognising that the care, health and wellbeing of the gender and sexually diverse communities will need bravery, commitment, imagination and vision.

Our commitment to improving the health and wellbeing outcomes of all LGBTIQ communities will continue to strengthen as we work to expand our services to our sex, sexuality and gender diverse communities.

Combining passion, politics and activism, our new identity as Thorne Harbour Health is fundamentally steeped in our history with a clear eye to growth, opportunity and consolidation into the future.





Thorne Harbour Health represents the fearless courage and commitment to inclusion, health equity and diversity related to the health and wellbeing of the LGBTIQ community.

Thorne Harbour Health represents transformation as we move beyond our work in HIV into broader areas of health and wellbeing, and our offer of services both regionally and nationally.

Thorne Harbour Health acknowledges the shared history of LGBTIQ communities of oppression, stigma, discrimination and, at times, violent homophobia and unjust prejudicial treatment. Thorne Harbour Health is here to help our communities heal.

Thorne Harbour Health - here for us all.

WELCOME



Simon RuthCEO, Thorne Harbour Health

The timing of this year's LGBTIQ Women's Health Conference prompts a reflection on change and progress.

This year has seen a lot of discussion in the media about the inequities still faced by women. For all the progress made – there is still so much more to be changed. We need to ensure that further advances include LGBTIQ women and the communities they are a part of. This year's NAIDOC Week theme, "Because of Her, We Can," is an excellent example for how we can celebrate the role of women but also recognise that as a society we have often failed to allow women the same level of dignity and respect.

The first day of this conference marks our 35th birthday. As we look back on the community response to HIV and AIDS, we recognise that we were formed by a generation of activists forged in the flames of the Gay and Lesbian Liberation, a movement heavily influenced by the Feminist Movement. In fact, prompted by the call to organise by feminist activist and queer liberationist Alison Thorne, the Victorian AIDS Action Committee was formed on 12 July 1983, later renamed the Victorian AIDS Council. Over three decades later, we're changing again. This time to both recognise the progress we've made in the community response to HIV and to mark the changes we've undertaken to address the broader health and wellbeing needs of our LGBTI communities. Recognising our origin and looking to the future, we are now Thorne Harbour Health.

During the last five years, we have made a concerted effort to change how we address LGBTIQ women's health. This conference, now in its fourth year, is a testament to the progress made. The conference has become an important gathering to connect communities and shares insights. With this year's theme of "Research, Resilience, Respect" we hope to further progress LGBTIQ women's health through collective action and collaboration for change.

We would like to acknowledge that the conference is held on the Traditional Lands of the Wurundjeri people of the Kulin Nation, and we take this opportunity to pay our respects to their Elders both past and present.





Nicolas Parkhill CEO, ACON

ACON is very pleased to support this fourth annual conference for LGBTIQ women.

Once again, this conference will highlight the diversity and breadth of available research, advocacy and initiatives being implemented to advance the health of lesbian, gay, bisexual, transgender, intersex and queer women.

This is a very exciting time to be involved in Australian women's health. The challenges remain complex and the barriers frequent, but I believe that as our partnerships grow stronger, our successes are becoming even more significant.

A special acknowledgement must be made that this conference takes place during NAIDOC Week 2018, the theme of which is 'Because of her, we can!' Aboriginal and Torres Strait Islander women are a critical and vital part of our LGBTIQ communities, and we must continue to work together to close the gap in health outcomes for Aboriginal and Torres Strait Islander women.

This year the conference has returned to its original home in Melbourne, but in doing so, it continues to increase its national focus. Women from across the country will come together to be heard, to listen, to learn and to forge partnerships for change. For this reason I am strongly encouraged to see participation by presenters and delegates from a range of locations around Australia.

ACON continues to increase the range of services and programs available to LGBTIQ women to take care of themselves, their partners, friends and community. Currently ACON offers women in our community services and programs including sexual health, mental health, drug and alcohol support, cervical screening, breast screening awareness, tobacco cessation, healthy ageing and support for women who have experienced homophobic, transphobic, domestic or family violence.

Finally, congratulations must be extended to our hosts, Thorne Harbour Health who mark 35 years of service to the community this year! Our partnership with Thorne Harbour Health continues to yield powerful outcomes and we are proud to come together once more to deliver this important event.

I wish you a positive and powerful conference experience.



OFFICIAL OPENING



The Hon. Jill Hennessy MP
Minister for Health

It gives me great pleasure to welcome you to this year's LGBTIQ Women's Health Conference in Victoria.

I would like to thank Thorne Harbour Health (previously VAC) and ACON for once again bringing this conference together, and for their continued dedication in supporting and promoting the health and wellbeing of all LGBTIQ women.

Events like this are crucial for thinking about how our community and services respond to the needs of diverse population groups such as LGBTIQ women, including Aboriginal women and Sistergirls, culturally diverse women, women with disabilities, and trans, gender diverse and intersex women.

No one should experience discrimination because of their sexuality or gender identity, especially when they are seeking care for their health and wellbeing needs. This is a critical part of our government's efforts to strive for quality healthcare for all Victorians.

That is why I am proud to be part of a government that has worked together with Victoria's LGBTIQ community to reduce discrimination and support better health and wellbeing outcomes.

The Victorian Government has established Australia's first Pride Centre to house a number of LGBTIQ organisations, continues to fund Safe Schools to support same-sex attracted, intersex and gender diverse students and has recently launched the Rainbow eQuality guide to ensure health and community services are meeting the needs of Victoria's LGBTIQ community.

We are working to plan for and respond to the needs of LGBTIQ Victorians through our work with the LGBTI Taskforce and Working Group and the Trans and Gender Diverse and Intersex Expert Advisory Groups. However, there is still more to be done - LGBTIQ women tend to experience worse health and wellbeing outcomes, including mental health, and there remains significant discrimination and barriers in our society that need to be addressed.

I look forward to hearing key insights from the conference and continuing our work together in the future. I wish you many successful and rewarding conversations and success in raising issues on the national platform.



Caroline BayerChair, LGBTIQ Women's Health Conference (Working Group)

Since the conference began in 2015, we – as a community and as a health service sector – have seen the breadth of content develop as our awareness and understanding of the many important health issues has evolved. We have seen so many personal stories shared through this annual event, which remains the only one of its kind in Australia.

With that evolution has come enormous opportunity – to talk, share, collaborate and action – and one that we hope to continue to provide by bringing this event to you. This year's theme – Research, Resilience, Respect – will see us explore existing research into LGBTIQ women's health and highlight the need for further research; acknowledge the resilience and strength of LGBTIQ women; and pay respect to all LGBTIQ women's communities.

Through the hard work and dedication of our incredible working group, as well as the community members who generously contributed their time to the planning process, we hope that we can continue to provide a valuable platform to reflect and learn, and to collectively pave the way to a brighter future – one that shares in positive and respectful discussion and debate.

It is a beautiful privilege to also share these two days with the Aboriginal and Torres Strait Islander women as part of NAIDOC Week, with this year's theme "Because of Her, We Can!". We pay our respects to the active and significant roles that women have played in leading and creating change for these communities.

For all of you that have chosen to be here, we welcome you and thank you. We hope that you leave humbled, inspired and empowered through learning from one another and continuing to work to ensure improved health and wellbeing for LGBTIQ women across Australia.

This conference was made possible through the support of the Victorian Government.

RECOGNISE > RESPOND > RECOVER

Are you worried about a friend who might be in an abusive relationship?

FOR INFORMATION ABOUT HOW YOU CAN HELP DOWNLOAD THE BYSTANDER INTERVENTION TOOLKIT









KEYNOTE ONE



Capitalism is bad for our health: An LGBTIQ liberationist perspective

Alison Thorne, Feminist Activist and Queer Liberationist

Alison Thorne argues that the profit driven system we live under has a detrimental health impact on the physical and mental health of our diverse communities.

She'll explore how the early years of HIV/AIDS were a political as well as a health challenge. The fight to access drugs pitted the community against pharmaceutical giants whose purpose was to make profits.

Every health question became a fight. The LGBTIQ community, women, workers, First Nations people and in fact everyone without money got – and continues to get – second best.

Embracing a longer view of history, she'll argue reforms are as good as our ability to defend them. She'll examine the devastating impact of fascism on the blossoming homosexual rights movement and look at how we can stop this threat today.

Alison will share how capitalism has been bad both for her own health and that of her friends.

She loves the conference theme of resilience: while capitalism has been bad for her health, a life time of resistance as an LGBTIQ liberationist, revolutionary feminist and her role as Melbourne Organiser for the Freedom Socialist Party has been a healthy antidote.

It is crucial diverse LGBTIQ communities understand the source of our oppression lies in capitalism. This system needs sexism, racism, homophobia and transphobia to survive. An optimistic socialist feminist, Alison will make the case that the very best thing that diverse LGBTIQ communities can do for our collective health is to overturn capitalism and fight for a world free from the oppression that bedevils our mental and physical health. One that delivers the very best of health care that we all deserve.

KEYNOTE TWO





Out on the Field – Why an Inclusive Physical Activity Culture Matters for Women's Health and Wellbeing

Jerril Rechter, CEO VicHealth

VicHealth CEO Jerril Rechter is a sports fan and a passionate advocate for gender equality. She will talk about the vital role sport and regular physical activity play in health and wellbeing – including building resilience, community connection and social inclusion – for all Victorian women and girls.

Jerril will frame VicHealth's work as a global pioneer in health promotion and prevention in terms of its commitment to health equity for all Victorians, and explain how female participation in sport and the inclusion of women in the sporting culture of Victoria is helping to drive gender equality.

Jerril will showcase some of the important work VicHealth is doing with its partners to encourage all women and girls to be themselves and get physically active, including VicHealth's exciting new This Girl Can – Victorian campaign and its Active Women and Girls Health and Wellbeing Program.

She will share a picture of the health and wellbeing of people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex or Queer in Victoria, including some sobering truths about our sports culture and LGBTIQ people.

Jerril will also explain why VicHealth proudly supports the AFL Pride Games in both the men's and women's competitions to support the health, wellbeing and resilience of the LGBTIQ community.

PANEL



Women in Business: Diversity, Inclusivity and Support

Feyi Akindoyeni, Newgate Australia Hana Assafiri, Human Rights Activist Teresa Avila, Red Rattler Theatre Lyn Morgain, cohealth

Moderated by Jerril Rechter

Join us for this empowering panel discussion exploring diversity, inclusivity and support for LGBTIQ women in the workplace. How inclusive are we really, how much support do we offer LGBTIQ employees, and how does it impact career progression.

When it comes to running your own business, climbing the corporate ladder, or simply putting yourself out there in any industry are LGBTIQ women still facing roadblocks, isolation or discriminatory behaviour? How well are our employers and industries supporting us to ensure these things are no longer happening, and what are the differences of these experiences when you're an independent business owner going it on your own?

Our fascinating, diverse and strong female panel members will each share their own experiences, journeys, challenges and successes. Join them while they reflect on the progress they've made in their own fields, what motivated them to keep pushing, and what advice they have for you to stick to your career path and aspirations.

With a panel this strong, you do not want to miss it.

PANEL



THU 12

JULY

LGBTIQ and Disability: Where lives Intersect

Margherita Coppolino, National Ethnic Disability Alliance Kirrily Hayward, Disability, Housing and LGBTI Activist Ruby Mountford, Melbourne Bisexual Network Nita Spedding, Badamia Yamatji, Independent Diversity Advisor Ashley Waite, Autistic Self Advocacy Network Australia

Moderated by Rosanne Bersten, Intertwine

Our experience of the world and of self is informed by a variety of layers of identity – gender, sexuality, ability, ethnicity – and each layer has relative privilege or relative structural barriers.

What can we learn from the experiences of LGBTIQ women with disability that might help us remove some of those barriers for all of us?

WORKSHOP



Rainbow families are everywhere!

Felicity Marlowe, Rainbow Families Victoria

This workshop will explore diverse family forms in our rainbow families communities and provide a forum for discussion, debate and action.

By using stories based on the lived experience of our LGBTIQ, gender diverse and non-binary parents and carers we will consider what we mean by the term 'family' and explore the way in which the broader LGBTIQ communities can engage and include rainbow families as well as the services and spaces we live, work and play in.

An interactive workshop with activities to engage everyone who attends and an open invitation for participants to share their own stories and reflections. Proudly brought to you by Rainbow Families Victoria.

WORKSHOP





Racism and LGBTIQA+ communities

Caroline Ridler, Switchboard

This workshop is about racism, white supremacy and settler colonialism within LGBTIQ service providers, organisations and communities. The discussion will first define what white supremacy, racism and settler colonialism is and provide case studies or examples of how it plays out in LGBTIQ communities.

We'll look to the history of LGBTIQ advocacy in this country and how it has attended to the needs of First Nations peoples and non-Indigenous People of Colour. Then look at the values and assumptions embedded within LGBTIQ advocacy and narratives: of coming out, of chosen family, of marriage equality, of sex positivity, and how this includes (or excludes) Indigenous and/or People of Colour and People of Faith.

We will then move onto a section focused on anti-racist strategies for LGBTIQ organisations and communities for addressing this inequality. This will look into more formal frameworks like 'Affirmative Action' and Racial Literacy training but also personal and emotional strategies like empathetic listening, becoming mindful of the spaces we take up or the comfort/discomfort we feel.

We will then focus on strategies of survival, of collective and self-care for LGBTIQ People of Colour and discuss what that could tangibly look like, for example: participating in QTIPoC community support.

PANEL



Gay, Straight or Lying: Bisexual Women in Lesbian Spaces

Rebecca Dominguez, Bisexual Alliance Victoria (BAV)
Jane Green, Vixen Collective
Ruby Mountford, Melbourne Bisexual Network (MBN)
Jess Olivo, Melbourne Bisexual Network (MBN)

Moderated by Sally Goldner, Bisexual Alliance Victoria (BAV)

Come and listen to those who identify under the bisexual+ umbrella describe their experiences interacting in lesbian, queer women's and queer spaces generally.

This panel will cover:

- the results of biphobia in supposedly safe spaces and spaces we know to be less safe;
- how that impacts finding and maintaining community;
- the effects on individuals regarding mental health and other aspects of life;
- what decisions bisexual people have to make regarding disclosure; and
- sadly what lies we end up telling about ourselves simply to be safe.

We will also discuss what needs to change and what allies can do (and not do) to make achievement of our aims easier and achieve them more quickly.

PANEL



THU

12

Aboriginal Voices

Nazaree Dickerson (VIC) Dodie Eggmolesse (QLD) Esther Montgomery (WA) Jackie Stewart (QLD - Ancestors Singing)

Moderated by Commissioner Ro Allen and Co-facilitated by Allison Toby, Tekwabi Giz

Many Aboriginal and Torres Strait Islander women have played – and continue to play – an active and significant role as leaders and activists, they have fought and continue to fight for social justice, equal rights, access to education, and access to better health services among so many other things.

However, it is clear that within some communities, particularly regional and remote areas, Aboriginal populations and the LGBTIQ women in these communities, face extreme disadvantage. The economic, social and health disadvantage contributes to an often challenging life for many who are part of the vulnerable populations. The impact on health is clear, yet not enough programs are targeting Aboriginal communities specifically. When it comes to being an LGBTIQ Aboriginal woman, this adds another layer of complexity, invisibility, and isolation, and requires more of a response from the health services and social support systems.

Panel members from a range of communities around the country will share their experiences of what it is to be an Aboriginal or Torres Strait Islander LGBTIQ woman within their own community, and how that influences the level of access to appropriate health care and how it correlates to cultural identity when living within or outside of those communities. How does tribal internal bigotry impact the lives of LGBTIQ Aboriginal women? Are Koorie women advocating for their own mob, and what can allies do to help change this situation?





Do you want to have more control over your drug or alcohol use? Cut down? Take a break? Quit?

Our Substance Support Service provides the LGBTI community free:

Specialist counselling (up to 12 sessions)

Face-to-face in Surry Hills, Newcastle and Lismore

Phone and skype across NSW

Support for partners, family and friends

Sterile injecting equipment

Referrals to drug and alcohol services

Access to St Vincent's Stimulant Health Check service



acon.org.au/substance-support

Check out the self-assessment tool at Pivot Point: pivotpoint.org.au

For all enquiries please call 02 9206 2000

This program is funded by Central and Eastern Sydney PHN and Sydney North PHN



ALCOHOL & ANXIETY GOT YOU FEELING TRAPPED?

Talk in a supported place about relationships, anxiety and alcohol use.

Drink Limits is a free eight week group for lesbian, bisexual and queer women to meet and explore these issues.

Drink Limits is a free, confidential and non judgemental therapeutic group program exploring the role alcohol use plays in our lives and communities.

The group will focus on when and why we drink, as well as exploring strategies to manage this use.

This small group will be held at

Thorne Harbour Health 615 St Kilda Rd Melbourne

Currently taking referrals



NEED TO LEAVE A VIOLENT RELATIONSHIP? THERE'S HELP.

LGBTI Relationship Violence Flexi-Support Packages

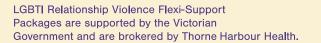
Flexible support packages are brokered funds which offer options to help build a safer future, free from relationship violence.



For more information visit thorneharbour.org or call 9865 6700 flexi-packages@thorneharbour.org









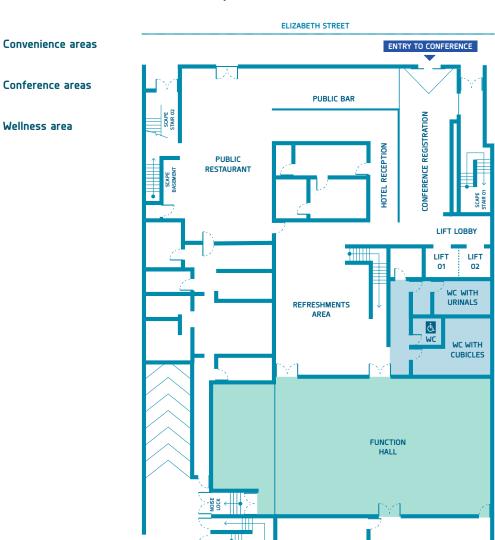


VENUE MAP

Wellness area

12&13 JULY 2018

Jasper Hotel - Ground floor



Jasper Hotel - Level 1



LGBTIQ WOMEN'S HEALTH 2018_CONFERENCE

THU 12 JULY DAY
ONE
2018

| 8.00am - 9.00am | CONFERENCE REGISTRATION | | | | | | | | | | |
|-------------------|--|---|--|--|---|--|--|--|--|--|--|
| 9.00am - 9.20am | WELCOME TO COUNTRY - Wurundjeri Elder Annette Xiberras - and WELCOME ADDRESS | | | | | | | | | | |
| 9:20am - 9:30am | OFFICIAL OPENING - Minister for Health, Jill Hennessy | | | | | | | | | | |
| 9:30am – 10.00am | KEYNOTE ONE - Alison Thorne, Feminist Activist and Queer Liberationist - "Capitalism is bad for our health: An LGBTIQ liberationist perspective." | | | | | | | | | | |
| 10.00am - 10.15am | KEYNOTE TWO - Jerril Rechter, CEO VicHealth - "Out on the Field - Why an Inclusive Physical Activity Culture Matters for Women's Health and Wellbeing." | | | | | | | | | | |
| 10:15am - 11.00am | PANEL DISCUSSION - Women in Business: Diversity, Inclusivity and Support Lyn Morgain, cohealth / Feyi Akindoyeni, Newgate Australia / Teresa Avila, Red Rattler Theatre / Hana Assafiri, Human Rights Activist Moderator: Jerril Rechter / 45 MIN | | | | | | | | | | |
| 11.00am - 11.30am | Morning Tea | | | | | | | | | | |
| 11.30am – 1.00pm | FUNCTION HALL | ROOM 9 | ROOM 8 | | ROOM 1/2 | ROOM 3/4 | | | | | |
| | PANEL DISCUSSION - LGBTIQ and Disability: Where lives Intersect Margherita Coppolino, National Ethnic Disability Alliance / Ruby Mountford, Melbourne Bisexual Network / Kirrily Hayward, Disability, Housing and LGBTI Activist / Ashley Waite, Autistic Self Advocacy Network Australia Moderator: Rosanne Bersten, Intertwine 60 MIN | WORKSHOP Felicity Marlowe, Rainbow Fam Victoria "Rainbow families are everyw." | delegates | "Translating SWASH data for Co | Uni of Sydney & Edda Lampis, ACON ormunity Accessibility & Promoting the Sexual Jomen: Reflecting on 'Beyond the Dental Dam'." 30 MIN | Gala Vanting "Understanding FOSTA's Impact on Sex Workers: A Guide for Health Practitioners." 30 MIN | | | | | |
| | | A practical, fun workshop on engaging and including diverse family forms with LGBTIQ, gender diverse and non-binar parents and carers in our services and spaces. | s with -binary | "Bush Lemons: Building social o | anigan, Bush Lemons connections with mature aged lesbians in rural/ egional Victoria." 30 MIN | Joe Ball & Jenna Tuke, Switchboard "Outrage, Activism, Caution, Courage: Leading a small LGBTIQ peer organisation during the Marriage Equality Campaign." 30 MIN | | | | | |
| | | 90 MIN | | | n Riseborough, WHIN Gaster & emergency management (EM) in Victoria." 30 MIN | Tarn Lee, LGBTI Health Alliance & Li-Min Lee, Uni of Tasmania "QLife and crew: An insider's view of the issues faced by queer women living in regional Australia." 30 MIN | | | | | |
| 1.00pm - 2.00pm | Lunch | | | | | | | | | | |
| 2.00pm - 3.30pm | FUNCTION HALL | ROOM 9 | ROOM | | | ROOM 3/4 | | | | | |
| | Ruby Mountford, Melbourne Bisexual Network "Mental Health Issues for Bisexual Women." 15 MIN Rebecca Dominquez, Bi-Alliance | WORKSHOP Caroline Ridler, Switchboard "Racism and LGBTIQA+ communities." | Yvonne Lay, OurWatch & Philome "Primary prevention of family viole: communi 30 Mi | nce against people from LGBTI ities." | Jean Taylor, Writer & Activist "Ovarian Cancer and the Art of Dying Natu 30 MIN | Ruth McNair, Deakin Uni & Cal Andrews, Uni of Melbourne "Tally." "Developments in TGDNB primary health care: Co-designed online training resources for clinicians." 30 MIN | | | | | |
| | "Building a safe bisexual space." 15 MIN PANEL DISCUSSION - Gay, Straight or Lying: | This workshop is about racism, white supremacy and settler colonialism within LGBTIQ service providers, organisations and communities – with a focus | Tommy Walker, ACON & Dr Rebecca Gray n exploration of the best service responses for sexually and gender diverse people experiencing violence and abuse in their intimate relationships." | | Judy Slape, Cancer Council Victoria "Public Cervix Announcement." 30 MIN | Richelle Menzies, Sensual Potential "Queer Femme, Fierce and Proud: The journey to Queer Femme:" 30 MIN | | | | | |
| | Bisexual Women in Lesbian Spaces Rebecca Dominguez, BAV / Jane Green, Vixen Collective / Ruby Mountford, MBN / Jess Olivo, MBN Moderator: Sally Goldner, BAV / 60 MIN | on strategies of survival. | Jessica Hunter, Thorn "A Case for Flexible Support of Victi 30 MI | ne Harbour Health im/Survivors of Family Violence." | Joanne Mountford, Family Planning Victo "My Cervix, My Choice. How the new NCSP car improved screening rates in the LGBTIQ com- 30 MIN | support "What is going wrong for voung gueer women? High rates of psychological | | | | | |
| 3:30pm – 4.00pm | Afternoon Tea | | | | | | | | | | |
| 4.00pm - 5.00pm | PANEL DISCUSSION - Aboriginal Voices Nazaree Dickerson (VIC) / Dodie Eggmolesse (QLD) / Esther Montgomery (WA) / Jackie Stewart (QLD - Ancestors Singing) Moderator: Commissioner Ro Allen Co-facilitator: Allison Toby / 60 MIN | | | | | | | | | | |
| Close | CLOSING ADDRESS | | | | | | | | | | |
| 5.30pm - 9.30pm | SOCIAL & NETWORKING EVENT - hosted at Captain Melville / performances by Glitterfist; Tonie Field; Sailor V; Dani Sib and more. | | | | | | | | | | |

LGBTIQ WOMEN'S HEALTH

2018_CONFERENCE



TW0 2018

| 8.00am - 9.00am | CONFERENCE REGISTRATION | | | | | | | | | | | |
|-------------------|---|--|---|---|---|---|--|--|--|--|--|--|
| 9.00am - 9.20am | | ACKNOWLEDGMENT OF COUNTRY and WELCOME ADDRESS - Senator Janet Rice | | | | | | | | | | |
| 9.20am - 9.40am | | | KEYNOTE O | NE - Ashley Waite, Intertwi | ne - "Show don't tell: Why intersex and Autistic people still distrust LGBTIQ services." | | | | | | | |
| 9.40am - 10.00am | | | | KEYNOT | E TWO - Sally Rugg, Change.org - "LGBTIQ Activism." | | | | | | | |
| 10.00am - 10.30am | INTERNATIONAL SPEAKER - Naomi Fontanos, Philippines - "A dangerous life: A Filipina transgender woman's story of trauma, survival and resilience." | | | | | | | | | | | |
| 10.30am – 11.00am | Morning Tea | | | | | | | | | | | |
| 11.00am – 12.30pm | | | M 9 ROOM 8 | | ROOM 1/2 | ROOM 3/4 | | | | | | |
| | Viv McGregor, ACON "I always have to argue for the tests that I need: Designing a Peer-Led LGBTIQ+ Sexual Health Clinic." 30 MIN | WORK Tina Dixson, Queer <i>"Hurnan Rights and</i> A workshop that will | Sisterhood Project d Queer Refugees." look at the ethics of | StoryPod Step inside the inflatable video booth and share your story. | Lucille Kerr, ARCSHS, La Trobe University "Off the Radar" - Key Informant Interviews for Research on Cancer and the Trans and Gender Diverse Community." 30 MIN | Li-min Lee, Uni of Tasmania "How lesbian seniors coming out later in life seek support." 30 MIN | | | | | | |
| | Lisa Torney & Elke Hupfauf, Mind Equality Centre "How to build resilience and intimacy in same sex and gender diverse relationships." 30 MIN | research with 'uulnerable' populations; the benefits of collaborative research; notes on autoethnography; and the importance of self-care and boundaries when working with trauma. | | | Kel Watson, ACON "Innovation and Inclusion: ACON and NSWCI partnership for LGBTIQ communities and the #TalkTouchTest campaign." 30 MIN | Majka McLean-Engstrom, A Gender Agenda "Supporting Murns of Transgender and Gender Diverse Young People." 30 MIN | | | | | | |
| | Iz Connell, Harbour City Bears "Women in the Bear Community." 30 MIN | | | | Monique Warrillow, BreastScreen Victoria "Trans and gender diverse people and breast screening." 30 MIN | Cal Andrews, Uni of Melbourne "Establishing the Victorian LGBTIQ Safe Housing Network Project." 30 MIN | | | | | | |
| 12.30pm – 1.30pm | Lunch | | | | | | | | | | | |
| 1.30pm – 3.00pm | FUNCTION HALL | | ROOM 8 | | ROOM 1/2 | ROOM 3/4 | | | | | | |
| | Rachel Cook, Thorne Harbour Health "Risky Business: Re-thinking the normalisation of drinking within LBQ women's communities." 30 MIN | | | | Rachel Whiffen, Quit Victoria "Talking to LGBTIQ women about smoking." 30 MIN | Siren Vandoll, Sex Educator & Consultant "Targeted Social Media & Communications Strategies for Inclusive Health Promotion." 30 MIN | | | | | | |
| | Mellem Rose, Spectrum Intersections "Polycystic Ovarian Syndrome in Trans and Gender Diverse People." 30 MIN | | | | Julie Mooney-Somers, Uni of Sydney "Why anti-smoking campaigns fail to engage Australian lesbian, bisexual and queer (LBQ) women who smoke." 30 MIN | Joanna Williams, Bits and Bods "Let's Talk about Sex." 30 MIN | | | | | | |
| | Kate Pern, Thorne Harbour Health "Reclaiming the dancefloor – reducing harm in nightclubs." 30 MIN | | | | Ruth Praeger & Julie Mooney-Somers, Uni of Sydney "Why do some LBQ women smoke and others do not? Learnings from systematic review of the international literature." 30 MIN | Danika Hardiman, Community Restorative Centre "Over-represented & invisible: Understanding and responding to the over- incarceration of lesbian and bisexual women in Australia." 30 MIN | | | | | | |
| 3.00pm - 3.30pm | | Afternoon Tea | | | | | | | | | | |
| 3.30pm - 4.30pm | PANEL DISCUSSION - Sex Work: Through the Eyes of LGBTIQ Women Scarlett Howell - "LGBTIQ Femme Sex Worker Health Needs." / Joanna Megan, SWOP - "Why LGBTIQ Women must support the Decriminalisation of Sex Work." / Tori Powell SWOP - "Pleasure, Health and Education: A booking with a sex worker." / Casey Scott, LaTrobe Uni - "Peer research on the impacts of sex work stigma in mental health service contexts." Moderator: Jane Green, Vixen Collective / 60 MIN | | | | | | | | | | | |
| 4.30pm - 5.00pm | CLOSING KEYNOTE - Roj Amedi, Human Rights Campaigner - "Racial justice and LGBTI+ movements." | | | | | | | | | | | |
| 5.00pm - 5.15pm | CLOSING PERFORMANCE - Gabrielle Journey Jones, Creative Womyn Down Under - Spoken Word Poetry & Performance | | | | | | | | | | | |
| | | | | | | | | | | | | |

KEYNOTE ONE



Show don't tell: Why intersex and Autistic people still distrust LGBTIQ services

Ashley Waite, Intertwine

Distrust of professionals is often the norm for people with some conditions, and especially so where these intersect other marginalisations. Many intersex people face stigma, misunderstanding, or conflation with other conditions, so learn to not disclose even where it may be relevant. Autistic people face stigma and stereotypes that discourage disclosure while creating barriers to basic services, while also being very disproportionately LGBTIQ.

It is most often the case that services specialised for one demographic have poor understanding of others that commonly intersect, and this is true of LGBTIQ targeted services that often fail on these intersections. Despite Autistic people being substantially more likely to be LGBTIQ, and despite intersex people being ostensibly within the 'LGBTIQ', our assumptions are that LGBTI services won't know how to deal with us properly. Even where effort is made to address these intersections and be better, high levels of distrust and low expectations continue to be a barrier.

Establishing this trust is just as important as what we do to address these intersections in the first place, as without that trust, use of services and access to professionals genuinely 'doing it right' is still low. We know that a rainbow or various other symbols can communicate this for most LGBTIQ people more generally, but intersectional inclusivity is not so simple. How do we communicate trustworthiness, break down low expectations, avoid discouraging messaging, and eliminate the assumption of poor treatment?

KEYNOTE TWO



FRI 13

JULY

LGBTIQ Activism

Sally Rugg, Change.org

If you're a member of LGBTIQ communities, the political is personal. Intimately personal. Like, interfering with your healthcare personal. In fact, brand new research from the University of Queensland shows a direct correlation between federal electorate's support for marriage equality in last year's postal survey and the health outcomes for that seat's queer communities.

While structural discrimination and social stigma against queer communities remains, a holistic approach to LGBTIQ health must be political. It must agitate, organise and advocate.

Sally Rugg is the Executive Director at Change.org, formerly Campaign Director at GetUp. In her keynote, she will talk about the health impacts of discrimination and share insights into campaign theory, political persuasion and people power.

INTERNATIONAL KEYNOTE



A dangerous life: A Filipina transgender woman's story of trauma, survival and resilience

Naomi Fontanos, Philippines

This talk deep dives into the speaker's personal experiences of trauma. Drawing insights from these, she offers a possible framework that may be useful in responding to the health care and wellbeing needs of trans women.

It then connects personal stories to larger narratives of trauma, survival, and resilience paying particular attention to the current situation in the Philippines under the administration of President Rodrigo Duterte known for rampant extra-judicial killings, a War on Drugs, attacks on women, vulnerable communities and democratic institutions, and pervasive human rights violations.

WORKSHOP



DAY TWO 2018

Human Rights and Queer Refugees

Tina Dixson, Queer Sisterhood Project

In recent years, there has been a lot of interest to do research with people from refugee backgrounds. In most cases, researchers do not have a lived experience of seeking asylum. Besides, often research is focused on the past experiences, it can be re-traumatising for the participant without any short-term tangible outcomes for them.

I, as both a researcher and a person from a refugee background, when starting my PhD aimed to do it differently and ethically. In my PhD I am looking at the lived experiences of queer refugee women that I am viewing through lenses of trauma theory and concepts of empowerment.

The research is done using autoethnography and collaborative ethnography as a methodology. Having chosen to blur the boundaries between me and participants had its benefits and problematic areas. With this workshop I am aiming to touch on 4 main topics:

- Ethics of research with 'vulnerable' populations
- Benefits of collaborative research
- Notes on autoethnography
- What my research told me about myself that I did not know; and
- Importance of self-care and boundaries when working with trauma.

PANEL



Sex Work: Through the Eyes of LGBTIQ Women

Scarlett Howell Joanna Megan, SWOP Tori Powell, SWOP Casey Scott, LaTrobe Uni

Moderated by Jane Green, Vixen Collective

This panel includes short presentations on – "Peer research on the impacts of sex work stigma in mental health service contexts" (Casey Scott); "LGBTIQ femme sex worker health needs." (Scarlett Howell); "Pleasure health and education: a booking with a sex worker." (Tori Powell); and "Why LGBTIQ women must support the decriminalisation of sex work." (Joanna Megan).

A broader collective panel discussion will then follow, touching on:

- History of sex workers in LGBTIQ community
- Silencing, stigma and attacks on sex workers in broader community
- Health needs of LGBTIO sex workers
- Impact of sex work regulation on the health and rights of sex workers (contrasting the licensing regime in Victoria with the decriminalisation of sex work in New South Wales)
- Stigma and prejudice sex workers may face in health settings
- Misconceptions about sex work and sex workers health
- Strategies sex workers use in health settings
- Impact of recent events on sex worker health FOSTA/SESTA, push for criminalisation of sex work via the Swedish Model (also known as the 'Nordic Model') and My Health Record; and
- Best practice for health professionals and health organisations in working with sex workers.

The panel highlights the need for LGBTIQ community to support sex worker rights and will also discuss how this can most effectively occur.

CLOSING KEYNOTE



FRI 13 JULY

Racial justice and LGBTI+ movements

Roj Amedi, Human Rights Campaigner

The bigotry that lay dormant, ticking away under layers of respectability, is now being ratified and elevated into obtuse forms of power. Now we're being exposed to a roaring rather than a scratching of violence. As a consequence of consecutive governments taking for granted the possibility that the systems we put in place could expand the ways it inflicts pain onto minoritised people; we are seeing racism, homophobia, transphobia and other forms of oppression in full force. Expressed with gusto and exuberance, like it is somehow the underdog in the equation rather than the status quo.

What we need more than ever is a united front across the LGBTI+ rights and racial justice movements, and an acknowledgement of the tireless work of those who stand within the multiplicity of all those experiences.

With a reference to historical lessons and reflections on recent political tensions, Roj Amedi will highlight that without this collaboration, we will continue to see a successful divide and conquer tactic that will not only disintegrate our hard fought civil liberties and human rights, but will isolate those who need community the most.



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FEYI AKINDOYENI

With over 20 years' experience in strategic communications, working on some of the most challenging briefs in Australia, Feyi is one of the country's most sought after communications consultants. Feyi has a deep understanding of the nexus between policy, politics and business having spent 10 years in public affairs including five years in Canberra leading a bi-partisan team of top government relations experts. Feyi has facilitated sessions in regional and rural areas right across Australia, covering topics such as regional economies, telecommunications, energy, water, transport, emergency services, health, land and waste management, agribusiness and climate change. Fevi works in the growing area advising companies on their strategies to combat reputational attacks that come from activists using integrated engagement channels from traditional media, direct and digital platforms.

ROJ AMEDI

Roj Amedi is the Senior Human Rights Campaigner at GetUp and a writer and editor based in Naarm/Melbourne. Roj is the Guest Editor of the current and 38th issue of Acclaim Magazine and has written for The Saturday Paper, SBS, Vault, Swampland, Meanjin amongst others.

RO ALLEN

Ro Allen is an experienced and longstanding advocate for LGBTI Victorians and has held leadership positions in the community and government sectors. Ro has been a member of three Victorian Government LGBTI ministerial advisory groups and chaired the ministerial advisory committee on LGBTI Health and Wellbeing between 2007 and 2009. As founding CEO of UnitingCare Cutting Edge, Ro established Victoria's first rural support group for young LGBTI people, giving Ro a particular understanding of the issues faced in rural and regional areas. Ro is a former Chair of the Adult, Community and Further Education Board, the Victorian Skills Commission, the Youth Affairs Council of Victoria (YACVIC), and former member of the Hume Regional Development Australia Committee

HANA ASSAFIRI

Hana is a human-rights activist and owner of Moroccan Soup Bar and former owner of Moroccan Deli-cacy. Hana is a regular speaker on ABC and runs "Speed Date a Muslim" – a non-romantic event that brings people together and invites non-Muslims to learn about Islam.

CAL ANDREWS

Cal is a Research Fellow at the University of Melbourne (Department of General Practice), LGBTIQ Senior Researcher at Drummond Street Services, and Executive Director of tilde: Melbourne Trans and Gender Diverse Film Festival.

TERESA AVILA

Teresa is a gueer femme-butch identified single parent who carried her baby at age 42 and experienced interesting stigma both internalised and via external peers. She has worked in heavy construction for over 20 years and is one of the industries few operational facing senior women and leads complex multi discipline projects and strategy. She is currently construction director leading a \$1b infrastructure project. Teresa has a bachelor in mechanical engineering and post grad diploma in business. She is a recreational pilot and served on the board of directors of Recreational Aviation Australia and, in 2013, founded Avila Aviation Ptv Ltd. Teresa. aspires to complete her instructors rating and provide flight training for LGBTIO identified women to dismantle barriers for recreational female pilots. She is cofounder of the Red Rattler Theatre, a safer space and gueer community owned. volunteer run venue in Sydney; and was founding chair and treasurer for 10 years before recently stepping down to pursue the next heart stopping dream. Teresa is also a gueer filmmaker

JOE BALL

Joe Ball is the CEO of Switchboard Victoria and is nonbinary, trans-identifying. Joe is passionate about grassroots peer-based community driven responses to systematic problems.

ROSANNE BERSTEN

Rosanne Bersten is a queer Jewish autistic person with ADHD. They have been an activist and communications strategist for more than 20 years. They are the founder of intertwine, an organisation addressing the structural changes required to celebrate diversity, welcome intersectionality and create a not-for-profit sector free from racism, sexism, transphobia, homophobia and ableism.

IZ CONNELL

Iz Connell is an LGBTIQ and disability rights activist living in Sydney. Iz was a Don't DIS my ABILITY ambassador in 2016-2017, and an ACON Honour Awards finalist in 2017. In 2017 she became the first woman elected to the board of a bear club in Australia, and possibly the first in the world.

Iz now uses her role with Harbour City Bears to further develop links between the diverse and vibrant groups she encounters in the Sydney LGBTIQ community. She's a social work Honours student at Charles Sturt University, and will be writing her thesis about the marriage law postal survey. She enjoys dancing in platform boots, wearing leather, being tall and playing with her dog Harvey.

RACHEL COOK

Rachel Cook has worked in the LGBTIQ community since 2001 and currently works at Thorne Harbour Health (previously VAC) in the area of LBQ women's health. Prior to this, Rachel was the editor for queer publications Cherrie and MCV. In 2010, Black Dog Books commissioned Rachel to write the text book *Closets are for Clothes – A History of Queer Australia*, which is currently used in high schools across Australia.

MARGHERITA COPPOLINO

Margherita Coppolino is the current President of the National Ethnic Disability Alliance. She is an inclusion consultant and photographer. With an outstanding network of contacts in government, business and social justice organisations, Margherita has a proven ability to inspire and influence a wide range of stakeholders on inclusion issues. Margherita is first generation Australian, born to a Sicilian mother who migrated in 1959. She was born with a short statured condition and is a proud feminist and lesbian. In her spare time, Margherita plays boccia and competes at the World Dwarf Games, enjoys food, wine, arts and travelling.

RACHEL DEACON

Rachel Deacon is a drug and alcohol researcher with the Sydney University and South Eastern Sydney Local Health District. Her research interests include lesbian, bi and queer women's health and improving outcomes measures in drug and alcohol treatment.

NAZAREE DICKERSON

Nazaree Dickerson, or Naz, as she prefers is a Noongar / Burmese woman from Western Australia who is now based in Melbourne. Naz has more than 23 years experience as a cultural educator, sharing her knowledge of First Nation cultures. Currently working as an actress, Naz has worked in the community development sector for the last 6 years. Her drive to assist positive community development stems from her mother's experience as a member of the stolen generation. In 2018, Naz will launch her consulting business 'Sovereign Dawn'. The aim of this company is to assist other

business groups to achieve creating a culturally safe and competent workplace or service for Aboriginal and Torres Strait Islander people.

TINA DIXSON

Tina Dixson has worked in the area of LGBTIQ, refugee and women's rights both in Australia and overseas. Tina has a solid experience working at the level of United Nations in Geneva, having done the shadow report on the human rights violations of LBT women and undertaken a gender audit of the Global Compact on Refugees in UNHCR. Currently, Tina is a Doctoral Candidate and is working on the Queer Sisterhood Project, a peer-run & peer support group for queer refugee women in Australia.

REBECCA DOMINGUEZ

Rebecca is the current President and one of the co-founders of Bisexual Alliance Victoria (BAV). She represents the bisexual community on the Victorian Government LGBTI Taskforce DHHS Working Group, and as an LGBTIQ+ mental health carer on Victoria's 10-year Mental Health Plan Lived Experience Reference Group. Rebecca co-facilitates the Bisexual Discussion Group run by BAV, and previously by Bi-Victoria – a peer support group for Victoria's bisexual community, the only one of its type in Australia. Rebecca holds a Graduate Diploma in Museum Studies, because she thought it would be a fun idea, writes occasionally to amuse herself, reviews cookbooks, and has opinions.

DODIE EGGMOLESSE

My name is Dodie Eggmolesse and my bloodline is from Boigu Island in the Torres Strait and Australian South Sea Islander. I work and reside in Townville. I have been a Broadcaster for Townsville Aboriginal and Torres Strait Islander Media for four years. I have hosted the Breakfast Program daily as Sista Soul for the past three years. I also host and broadcast a program called Yaruwala Karuwai. This Program supports Indigenous LGBTIQ people around North Queensland on Saturday nights. The success of this pilot program has found a need for the program to go nationally through National Indigenous Radio Service. I currently own and manage Malu Kiwai Kreationz. This business promotes our First Nations peoples and Australian South Sea Islander artists, performers, story tellers, dance troupes, weavers.

NAOMI FONTANOS

Naomi Fontanos graduated from the University of the Philippines Diliman with a degree in secondary Social Studies education and is currently pursuing graduate studies in the

field of language education. She is a feminist and a long-time advocate of the Filipino transgender, lesbian, gay, bisexual, intersex, and queer (TLGBIQ) community. In 2015, she became the first transgender Filipina to be a fellow of the International Visitor Leadership Program (IVLP) of the United States State Department on Preventing and Responding to Bias-Motivated Violence Against the LGBT Community. She is a co-founder and current Executive Director of Gender and Development Advocates (GANDA) Filipinas, a TLGBIQ human rights organization primarily focused on the issues, needs, and concerns of the transcommunity in the Philippines and beyond. She has been recently named as a fellow of the 2018 Internet Freedom Festival held at Valencia, Spain in March 2018.

REBECCA GRAY

Dr Rebecca Gray is a social researcher. Having worked as a clinician in community settings, she has extensive experience in applied research, having translated findings for practice, program and policy development. An experienced qualitative researcher, her work tends focus on the clinical encounter, domestic violence, health and mental health, and the needs of particular communities, such as Aboriginal and Torres Strait Islander people, refugees and Humanitarian Entrants, and LGBTIO communities.

SALLY GOLDNER

Sally Goldner's involvement in Victoria's gueer community of twenty years includes Bisexual Alliance Victoria Treasurer, presenter of 3 CR's "Out of the Pan," co-facilitator of Transfamily and Transgender Victoria (TGV), the latter including roles as Educator and Media Representative. Sally is the focus of an autobiographical video-doco "Sally's Story" and a life member of 4 LGBTIO organisations. She was inducted into the Victorian Women's Honour Roll in 2016 (the first known bi and first trans woman inductee) and awarded LGBTI Victorian of the Year in 2015. She spent two weeks in St Petersburg, Russia as a juror for the Side-By-Side LGBT Film festival in November 2015. She has been described as an Australian bisexual grandma...panma. She is a prominent queer educator, speaker, radio presenter, MC and occasional performer regarding areas of LGBTIQ and unconscious bias (all in contrast to her original accountancy training) ...and watch this space for more!

JANE GREEN

Jane Green is a current sex worker and spokesperson for Vixen Collective (Victoria's peer only sex worker organisation) and former Vice President of Scarlet Alliance (Australian Sex Workers Association). Jane has material published on sex

work in Australia, in a variety of periodicals, including – The Guardian, Interface Journal, Star Observer, The Professional and Tits & Sass. Jane is a survivor of rape and has spoken out on the issue of violence generally and in sex work, at events such as Slut Walk, Reclaim the Night, and International Day to End Violence Against Sex Workers. Jane speaks from the lived experience of a queer sex worker.

DANIKA HARDIMAN

Danika is a women's transition worker with the Community Restorative Centre. This work involves intensive pre- and post-release support for women leaving prison, helping them readjust to life in the community. Danika is passionate about her work and is excited to bring a criminal justice focus to the conference; focusing on the little understood over-incarceration of lesbian and bisexual women in Australian prisons.

KIRRILY HAYWARD

Kirrily Hayward is a passionate disability rights advocate, self-confessed gym tragic and social work graduate and former student politician from Deakin University. She's also the youngest resident in an aged care facility in Geelong, in southwest Victoria, living with residents 40 years her senior requiring complex dementia and palliative care.

SCARLETT HOWELL

Scarlett Howell is a female full service sex worker (FSSW) with a background in public health and nursing. FSSW working privately and in brothels for five years across Australia.

PHILOMENA HORSLEY

Philomena is an activist and academic with a particular interest in issues related to gender inequality and sexual and gender diversity, ageism, disability and ethnicity. She sits on the Victorian Ministerial Taskforce on the Prevention of Family Violence committees and was an expert witness and consultant to the Royal Commission in into Institutional Responses to Child Sexual Abuse. She provides research consultancy to a range of organisations and is an Honorary Senior Research Fellow at the University of Melbourne where she lectures on gender and health, sexuality and sexual violence.

JESSICA HUNTER

Jessica has worked in family violence for a number of years and in various capacities. She has experience in counselling of

individuals, couples and children. She has worked as a Partner Support Contact Worker within the Thorne Harbour Health ReVisioning Program (Men's Behaviour Change), and is a case co-ordinator for the iHeal Program (a Recovery Support Program for victim survivors of family violence) and a case manager for the Flexible Support Package Program at Thorne Harbour Health. Along with her counselling she is also a registered Family Dispute Resolution Practitioner and Child Inclusive Practitioner.

ELKE HUPFAUF

Elke is an AHPRA registered psychologist trained in counselling psychology; she also has extensive training in relational gestalt psychotherapy and ACT. She has a special interest in LGBTI resilience, anxiety, trauma, self-harm and interpersonal interactions, including couples/family issues. Elke loves a challenge, is passionate, friendly, egalitarian and works with individuals/couples to assess their specific needs to tailor a suitable, evidenced-based therapeutic strategy to achieve a higher level of wellbeing. Elke works at the Mind Equality Centre an LGBTI counselling service.

GABRIELLE JOURNEY JONES

Gabrielle Journey Jones is a spoken word poet, percussionist and event producer born on sovereign Gadigal Land, Sydney, Australia. She is from Maori and African American bloodlines and ives in the Illawarra, NSW. Gabrielle is wholeheartedly inspired by and contributes to diverse creative communities which celebrate inclusion, activism and compassion.

LUCILLE KERR

Lucille is a PhD candidate at the Australian Research Centre in Sex, Health and Society, La Trobe University, Melbourne, with supervision from Associate Professor Christopher Fisher and Dr Tiffany Jones. She completed her Bachelor of Nursing with Honours at the University of Tasmania, with a research project on trans and gender diverse health and ageing in Tasmania. She is also a Specialist Cancer Nurse.

EDDA LAMPIS

Edda Lampis is a first generation Australian from an Italian background, is queer, cis-gendered and a passionate intersectional feminist activist. She feels privileged to be working for the well-being of LGBTIQ communities, in particular LBQT women. She has been living and working in Lismore Northern NSW since 1998.

MEZ LANIGAN

Mez identifies as a cisgender lesbian woman, and rather likes to be referred to as a 'dyke', although not stereotypically presenting in that way, especially as she wears the skirts in her relationship. Mez has worked at Cobaw Community Health in the WayOut LGBTIQ+ youth program in the Macedon Ranges for 6 years, and has worked in the community and education sector for over 30 years. Mez grew up in Heyfield in East Gippsland, moved to Melbourne for about 10 years to pursue further education and career. and has since lived in central Victoria for over 25 years. She currently resides in Trentham in the Hepburn Shire. Mez is an active member of her local community, teaching bootscooting. facilitating a ukulele group and hosting Bush Lemons. Mez is passionate about education, diversity, inclusion, and creating and strengthening social connections between women and within the broader community.

YVONNE LAY

Yvonne Lay has over 10 years of experience in the violence against women field, with a focus on socio-legal frameworks, community sector responses and evidence-based practice. In her role at Our Watch, she supports the organisation to embed processes that enable staff to take an intersectional approach to their work. Yvonne is also currently undertaking a project in partnership with a specialist women with disabilities organisation to identify and articulate the drivers of violence against women with disabilities, and where possible, how these drivers are distinct from, interact or overlap with, the gendered drivers of violence.

LI-MIN LEE

Li-Min Lee is a PhD candidate and casual academic staff at the University of Tasmania with research interests in intersectionality, queer theory, public health sociology, social determinants of crime, mental health and patterns of help-seeking, particularly in research on health and wellbeing in vulnerable and marginalised populations (e.g., older LGBTI people, queer people from a culturally and linguistically diverse background). Li-Min is currently engaged in research on ageing in lesbian communities, which has focused on lesbian seniors' experiences and expectations in accessing informal support before and after coming out.

TARN LEE

Tarn has worked in LGBTI health and drug and alcohol for over 15 years. She has a passion for working with marginalised communities and supporting peer driven community development.

FELICITY MARLOWE

Felicity Marlowe is the Executive Director, and founding member, of Rainbow Families Victoria. Felicity is a trained teacher and wellbeing coordinator, with decades of community development, youth work and advocacy experience and coordinated two successful community campaigns to reform access to assist reproductive treatment and adoption equality in Victoria. Felicity is the training and consultancy services coordinator at Drummond Street Services.

VIV MCGREGOR

Dr Viv McGregor has worked at ACON for four years, across women's sexual health and LGBTIQ sexual health and is now the coordinator of Check OUT: LGBTIQ+ Sexual Health Clinic, run in partnership with Family Planning NSW. She has a PhD in Gender and Cultural Studies from the University of Sydney and has taught gender studies, queer theory, sexuality studies and feminist theory at USYD and UNSW.

MAJKA MCLEAN-ENGSTROM

Majka has been working with the LGBTIQ+ communities in Canberra, particularly with young people, since 2015. Majka now works as the Community Engagement Coordinator at A Gender Agenda. In this role, they facilitate a number of support groups, for the transgender and gender diverse communities, including a group for families with trans and gender diverse children, arrange referrals to relevant counselling and other services, and conducts youth outreach. Majka is also the founder of Encampment, a LGBTIQ+ young camp for those in the Canberra region, and has worked in starting other LGBTIQ+ youth groups in the Canberra region. They also have a background in Asian Studies and secondary school teaching. As well as working part time, Majka is also studying nursing at university.

RUTH MCNAIR

Ruth is an honorary Associate Professor at the Department of General Practice, University of Melbourne, and a GP in Melbourne. She is chief investigator of the VicHealth funded LGBTIQ Safe Housing Network with Cal Andrews and Liam Leonard. She has clinical and research interests in LBTQ women's health including mental health, homelessness, alcohol use, parenting and sexual health. She is a medical educator and regularly trains health professionals in LGBT health.

JOANNA MEGAN

Joanna Megan has worked in various sectors of the sex industry for 13 years and at SWOP NSW for six years. Joanna

regularly outreaches to sex industry workplaces in regional and rural areas as well as in Sydney. Joanna is an active member of the Sydney queer community.

RICHELLE MENZIES

Richelle has been working in the health and community sector since 2006 after completing her Bachelor in Social Science. She recently completed her Masters in Sexology at Curtin University in WA to eventually move into private practice as a sexologist providing education and therapy. Her passion for sexual health and the health of the LGBTIQ community was first ignited in the Regional town of Gympie in 2001. Prior to becoming the Training and Development Coordinator in the Rainbow Pride @ Work program at the QLD AIDS Council (QuAC) in 2009, Richelle worked as a trainer for QLD Injectors Health Network, a sexuality educator for Family Planning QLD and a health promotion officer at Gympie Women's Health. In her current role, Richelle consults on LGBTI inclusivity and designs and delivers LGBTI awareness and inclusivity professional development to businesses and organisations across QLD.

ESTHER JOY MONTGOMERY

I am a Mardudhunera woman from the northwest Pilbara region of Western Australia. I currently reside in the rural region of WA known as the Wheatbelt. I am an Aboriginal Consultant for LGBTI Community Care (WA): an Aboriginal Community Activist/Advocate; member of the WA LGBTI Health Strategy Advisory Group; and former Director of Yaburara & Coastal Mardudhunera Aboriginal Corporation Pilbara, WA. I have identified as a lesbian woman in the Aboriginal movement and mainstream for 46 years. I am passionate about remote and rural LGBTI issues in Western Australia. I have been recently appointed to the WA Governments LGBTI Health Strategy Advisory Group. For Aboriginal LGBTI people and Our families, this is a great opportunity to demand better health outcomes in a state that has a history of total neglect.

JULIE MOONEY-SOMERS

Julie Mooney-Somers is a social researcher at the University of Sydney in Sydney Health Ethics. She has a long history of research on the health of sexual minority women, is a non-executive director of ACON, and since 2009, has been the joint coordinator of SWASH, the longest running survey of lesbian, bisexual and queer women's health. Her SWASH work led to a program of research on LBQ women and smoking, including development of ACON's Smoke Free Still Fierce smoking cessation campaign for LBQ women.

LYN MORGAIN

Lyn Morgain is the Chief Executive of cohealth. Lyn has been an executive leader in public policy, not for profit organisations and government over the past 25 years, holding wellbeing, planning, governance and community service portfolios. She is passionate about strength-based approaches that engender community ownership and control over service design, development and delivery. Her interests include the impact of discrimination, stigma and marginalisation on health and the role of advocacy in the development of equitable public policy and consumer-led practice. Lyn has extensive experience in the initiation and execution of community alliances aimed at effecting change, at the local, state and national level.

JOANNE MOUNTFORD

Dr Mountford is a Clinical Educator at Family Planning Victoria and a General Practitioner with a strong interest in sexual and reproductive health. Dr Mountford is also a working party member for the development of the National Cervical Screening Program Guidelines.

RUBY MOUNTFORD

Ruby Susan Mountford is a passionate advocate for the Bi+ community and Neurodiversity, and is President of the Melbourne Bisexual Network. As well as hosting a community radio program on Bisexuality, she has been featured on ABC radio to speak about Bisexuality and Autism Spectrum Disorder, and was nominated for the 2016 GLOBE Community Award (MCV People's Choice).

JESS OLIVO

Jessica Marie Olivo is a mental health professional working in the community mental health sector. She aims to promote better health outcomes and tackle stigma against psychosocial factors and those impacted, particularly pertaining to disadvantaged groups and the LGBTIQA+ community. She is Vice President of the Melbourne Bisexual Network

KATE PERN

Kate Pern is a disabled queer nurse working as a Peer Leader for the PARTi project at Thorne Harbour Health (previously VAC). The highly innovative peer-lead project focuses on reducing harm and preventing overdose in party environments by building venues' capacity to keep their patrons safe and though peer education. Over the last 10 years, Kate, a self-styled safety activist, moved from being

a public hospital nurse and recreational club-goer to the Safety and Inclusivity Coordinator for Cool Room in order to create cultural change and safer environments for her peers. The queer-priority event series pushes for greater safety, inclusivity and accessibility for marginalised groups at nightclubs and events. Observing a concerning lack of understanding towards the safety of margined groups by event organisers and a strong desire for education amongst peers, Kate founded Safe Mates, a bystander intervention training and event consultancy organisation that aims to increase inclusivity and reduce harassment and sexual assault at festivals and events through training and community mobilisation

TORI POWELL

Tori Powell is a queer woman with 13 years sex work experience both in Australia and abroad. Tori has been an outreach worker with SWOP for three years.

RUTH PRAEGER

Ruth Praeger is an MPhil candidate with Sydney Health Ethics at the University of Sydney's School of Public Health. Her project aims to understand tobacco use and cessation strategies in lesbian, bisexual and queer women in Australia and internationally. With a background in medical laboratory science, she has a keen interest in health in minority populations.

JERRIL RECHTER

Jerril Rechter is the CEO of VicHealth in Victoria. Australia as well as a World Health Organization Advisor and Chair of the International Network of Health Promotion Foundations, She has extensive leadership experience across government and not-for-profit sectors. Jerril is a past and current member of numerous boards and committees in government and not-for-profit sectors, including several Victorian Government ministerial committees. She regularly presents at state, national and international conferences and events to share her experiences in health promotion, leadership, and the potential of innovations to improve health and wellbeing of all Victorians. In 2015, she was named Victorian winner of the Government and Academia category at the prestigious Telstra Victoria Business Woman of the Year Awards, Jerril was named in The Australian Financial Review and Westpac 100 Women of Influence in the Public Policy category for 2016. In 2018, she became a Board Director of the Western Bulldogs Football Club. Jerril is a Fellow of the Australian Institute of Company Directors and holds a Master of Business Leadership from RMIT University in Melbourne.

CAROLINE RIDLER

Caroline is the coordinator for the QTIPoC (standing for Queer and Trans Indigenous People and/or People of Colour) project at Switchboard (a peer based LGBTIQ phone counselling and referral service. Caroline identifies as a queer South Asian woman of colour and has been involved with LGBTIQ. Women's and People of Colour organising within Melbourne for many years.

HELEN RISEBOROUGH

Helen is the Chief Executive Officer of Women's Health In the North (WHIN for short), the northern metropolitan regional women's health service in Melbourne. She has a Master of Social Policy and a Social Work Degree. In her role as the CEO of WHIN. Helen oversees diverse portfolio areas including gender equality, prevention of violence against women, the family violence services integration, gender and disaster, sexual and reproductive health and women's economic equality. Prior to working at WHIN, Helen has extensive experience in the areas of homelessness and housing services, community health, local government, and a short stint in state government. Helen is deeply committed to progressing a feminist approach to women's health and wellbeing and to addressing inequities that impact on those most marginalised in our society. She lives and works in the northern suburbs of Melbourne and loves the area, its diversity, its people and walking her dog Terry in the variety of parklands.

MELLEM ROSE

Mx Mellem Rose is the Creator and Lead Facilitator of Spectrum Intersections the Rainbow Neurodiverse Group, Secretary of Bi-Alliance Victoria, committee member of Transgender Victoria, active member of The Shed, and an advocate and activist for the disability, neurodiverse, and mental health communities. Mellem has been heavily involved in volunteering and giving back to community since their teenage years, from disability and aged care work at Interchange Western and the Lions Club, to now sitting on the Victorian Government's LGBTIQ Family Violence Working Group, Victoria Police LGBTI Portfolio Reference Group, and Moonee Valley Council's LGBTIQ Working group and their Inclusion, Diversity, Equity and Access Portfolio Advisory Committee; and the Pride Centre Reference Group.

SALLY RUGG

Sally Rugg is an LGBTIQ rights activist, and the Executive Director of Change.org. Sally was formerly a Campaign Director at GetUp where she led their marriage equality

campaign for five years. In 2018, Sally won person of the year awards from both FBi Radio and Pedestrian.tv, and was nominated for LGBTI Hero of the Year. In 2017, Sally was named among Harper's Bazaar's 5 Women of The Year, by Cosmopolitan magazine as one of Australia's Most Influential LGBTIQ people, ranked first in Mamamia's Most Powerful LGBTIQ women list, by Amnesty International's Top 15 Women Championing Human Rights In Australia. Sally was awarded the Young Achiever Award at the 2016 Honour Awards. Sally volunteers at LGBTIQ youth at Twenty10 and is currently writing her first book, which is about the marriage equality campaign.

CASEY SCOTT

Casey has a multidisciplinary background in brain sciences, philosophy and public health. Their research focuses on sex worker access to mental health care and the impacts of occupational stigma on the quality of care that sex workers receive. They have a personal stake in creating systems which better respect sex workers and service user autonomy.

JUDY SLAPE

Judy completed her Master of Public Health with a specialisation in Gender and Women's Health from the University of Melbourne. Judy has worked and volunteered across a variety of not-for-profit community based organisations including as events coordinator for Road to Refuge; a volunteer run organisation that generates informed, constructive and inclusive conversations around people seeking asylum and refugees. Through this role, Judy coordinated an event at the Wheeler Centre "The Plight for Equality: Seeking Asylum and Being Oueer" focusing at the intersectionality between seeking asylum and being queer, Judy works at Cancer Council Victoria where her role is to increase bowel, breast and cervical cancer screening participation among priority populations, which includes LGBTIQ, culturally and linguistically diverse communities, and people with a disability.

NITA JANE SPEDDING

Nita Jane is the living embodiment of peaceful diversity meets resilience. In 2013, Nita Jane experienced a horrific and controversial medical error that went on to cause left sided hemiparesis, amongst a myriad of other crippling conditions that to this day, she contends with immense stigma and systemic exclusion from the most basic of health services. Nita is a volunteer, chairperson, advocate, and government advisor, for a vast number of mental health, indigenous issues, disability, NDIS and suicide prevention organisations, donating most of her time outside of her intense physical

therapy and neurological recovery process to the betterment of her communities. Nita has also recently received a scholarship to undertake Vinyasa Yoga Teacher training and hopes her journey to become a yoga teacher will not only enable her to teach yoga to those with physical and neurological limitations, but that she can show society what people with purpose are capable of, disability or not.

JACKIE STEWART

Jackie Stewart is an Aboriginal female from the Kungabula nation (QLD). Jackie has been working in community service sector for 15 years, owns her own business that walks alongside organisations and workers to create changes to service delivery to be more culturally respectful and inclusive. Jackie is currently in an Aboriginal and Torres Strait islander organisation that works with families in crisis, working from a trauma-informed framework.

JEAN TAYLOR

Jean Taylor is a radical lesbian feminist activist and writer. Her latest books are The Archives Trilogy: Brazen Hussies, Stroppy Dykes and Lesbians Ignitel which document thirty years of the Women's Liberation Movement and radical feminist and lesbian feminist activist work, 1969 - 1999. Jean has been a member of the Victorian Women's Liberation and Lesbian Feminist Archives from 1984 onwards and also founded the Performing Older Women's Circus in 1995.

ALISON THORNE

Alison Thorne, an LGBTIQ liberationist, was a central voice in the creation of VAC (now known as Thorne Harbour Health). Speaking for Radical Women at the first five rallies protesting Howard's same-sex marriage ban, her socialist feminist critique resonated. She is the managing editor of the Freedom Socialist Organiser and for three decades has built united fronts to counter fascists and other far right types. A veteran of the campaign to stop Aboriginal deaths in custody, she co-founded the Indigenous Social Justice Association in Melbourne. A passionate trade unionists, Alison is a workplace delegate with the Community and Public Sector Union.

ALLISON TOBY

Allison Toby is a Gangulu Woman from Central Queensland Callide Valley area. Currently completing a BA in International Studies. Allison is a member of Tekwabi Giz – a collective of people and support groups from all over Australia working in their local community in Australia within the LGBTIQ Sisterqirl and Brotherboy space. Allison has a passion for

community and culture focusing on building cultural capacity in LGBTIQ+ communities. Allison continues to develop her partnerships and knowledge base in equal rights for women and better outcomes across sectors. Allison shares her experience of being an Aboriginal lesbian outlying connection to country and culture as a protective factor in this journey.

LISA TORNEY

Lisa is a sex and relationship therapist who has a strong commitment to working with people to improve their sexual and interpersonal relationships and believes we all deserve healthy, happy sex lives. Lisa is the National Chairperson of the Society of Australian Sexologists and has over 20 years counselling experience. She works at the Mind Equality Centre an LGBTI counselling service and is a kink friendly, sex positive practitioner who understands that sexuality can be expressed in unique and complex ways. Lisa's approach is non-judgmental and accepting of all experiences, identities, expressions, orientations and has a passion for supporting the emotional wellbeing of the LGBTI community.

JENNA TUKE

Jenna Tuke is the Counselling Supervisor at Switchboard Victoria. Jenna has over 20 years of experience working in both leadership and direct service roles in a range of women's health, legal, feminist, trauma, clinical and activist services. Jenna is committed to challenging the pathologisation of emotional, psychological & behavioural responses to violence, structural disadvantage and discrimination.

SIREN VANDOLL

Siren is an Australian Sexuality Educator & Consultant working to empower people through education, creation and advocacy. Engaging her unique skillset, she collaborates with individuals, groups, organisations and companies to promote sex positivity, share knowledge and promote inclusivity. Using her background in activism, the not-for-profit sector. education, facilitation, public relations and communication; Siren now integrates these skills into her work in the sexuality sphere. Siren offers workshops, coaching sessions, sex positive community development, media engagement, quest speaking, PR and marketing for sexuality related events and brands, health promotion & communication services, sex blogging and writing, professional consultancy and more. Siren is dedicated to reforming and improving all intersections of sex, sexuality and gender and her consultancy and outreach are informed by this. By keeping inclusivity, empowerment and accessibility as the foundation of everything she does. Siren hopes she can help build a safer, more compassionate world for all.

GALA VANTING

Gala Vanting is a sex worker, writer, filmmaker, educator, and advocate with a focus on alternative sexual cultures and sex worker labour and human rights.

ASHLEY WAITE

Ashley is an experienced intersectional activist and advocate with a focus on better inclusion and understanding of intersex and Autistic people. The dramatic overlap of these with same-sex attraction, asexuality, trans experience, and non-binary identities, makes a more inclusive rainbow one of her highest priorities, and the largest focus of her activism. A range of challenges faced both personally, and assisting others, in political, policy, and legal contexts has given her substantial experience as an advocate. Ashley is regularly consulted about approaching intersectional conflict, resolving discrimination matters, and policy compliance.

TOMMY WALKER

Tommy Walker is a social worker and research practitioner who has worked extensively with marginalised people across the asylum seeker, domestic violence, disability and environmental sectors. Her work as an anti-oppressive social worker and researcher aims to challenge systems of oppression and discrimination in the personal, social and political spheres. As a qualitative researcher, she aims to improve service responses and integrate inclusive practices for marginalised communities. She is currently an LGBTIQ Domestic Violence Research Officer at ACON.

MONIQUE WARRILLOW

Monique is a radiographer with over 14 years' experience working in mammography. Monique joined BreastScreen Victoria (BSV) in 2005, and was appointed as Senior Radiographer at St Vincent's BreastScreen in 2008. She has overseen St Vincent's BreastScreen's Quality Assurance program, and coordinated the Continued Education and Training program for their mammography staff. Monique was appointed as BreastScreen Victoria's State Radiographer in 2015. She has chaired the Radiography Quality Group a professional peer group of Designated Radiographers from each of the eight BSV services, and contributed to statewide process improvement and quality initiatives aimed at improving radiography performance and outcomes across the state. Monique has contributed to BSV's Rainbow Tick Accreditation and Client Centric Care projects. She has also been a member of BSV's Clinical Reference Group, Victorian State Quality Committee and Quality Improvement Committee.

KEL WATSON

Kel Watson has over 20 years experience in community engagement and community development. She has worked across a range of sectors including arts, local government, small community services and large NGOs. Kel is currently at ACON working to improve health outcomes for women who are lesbian, bisexual or queer. She is also working within the emerging field of health and wellbeing for trans and gender diverse people. This includes the areas of breast/ chest health, smoking cessation, cervical screening and social isolation. Kelly is a passionate changemaker, advocate, activist and writer.

RACHEL WHIFFEN

Rachel Whiffen is the Manager, Communities and Program at Quit Victoria. Rachel joined Quit in November 2017 after six vears coordinating Cancer Council Victoria's Clinical Network program. During this time, Rachel oversaw the program's policy and advocacy in cancer care portfolio, activities improving patient access to clinical trials, and building the capacity of its 700 members in the areas of practice change. With Ouit, Rachel leads a dedicated team who work with communities and support organisations, where rates of tobacco use are high, to co-develop initiatives that enable all Victorians the opportunity to become smoke free and reduce the health, financial and social disadvantage that is directly impacted by tobacco use. Priority populations include people living with a mental illness, Aboriginal and Torres Strait Islander people, people upon release from prison and the LGBTI community. Rachel holds a Masters in Public Health and degrees in Exercise Science and Psychology.

JOANNA WILLIAMS

Joanna is a public health advocate who uses her lived experience to create more empathy in the world. Her career in public health started by accident, when she co-founded Highschoolers Against Homophobia at 16 so her parents would let her go the Sydney Gay & Lesbian Mardi Gras. Since then, she has worked with ACON, Cohealth, the International AIDS Society and Opportunity International as well various government departments. While completing her Master of Public Health (University of Melbourne), she became passionate about putting lived experience at the centre of policy and program design and started speaking candidly about her experience of living with mental ill health. being gueer and surviving sexual assault. She is currently the Strategic Director at Bits and Bods, an upcoming web series that talks to teens about sex, bodies, relationships and all the awkward bits in between. In between talking about sex, feminism and mental health, she teaches leadership and management to public health students at the University of Melhourne

2018 Working Group for the LGBTIQ Women's Health Conference

Caroline Bayer Viv McGregor
Rachel Cook Mish Sparks
Edda Lampis Renee Thompson
Kayla Larson Kel Watson

Conference Logo Vic McGregor Program Design Kedson Queiroz Program Printed By Hush Creative Productions

Events like these could not run without a team of dedicated volunteers.

Your excellence drives our success.

Thanks to our amazing team of volunteers for their contributions and spirit. Our event is enriched by your involvement.

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Artwork: tarmunggie-woman Artist: Cheryl Moggs

NAIDOC Week 2018

BECAUSE OF HER. We Can!

NAIDOC Week 2018 celebrates the invaluable contributions that Aboriginal and Torres Strait Islander women have made - and continue to make - to our communities, our families, our rich history and to our nation.

This artwork portrays the courage and resilience of Aboriginal and Torres Strait Islander women. From the ripples of fresh water and salt water, across the travel pathways and song lines of our traditional lands and skies. naidoc.org.au

■ @naidocweek #NAIDOC2018 #BecauseOfHerWeCan

∮ facebook.com/@NAIDOC



8-15 JULY 2018

SOCIAL PRIVORKING EVENT

Glitterfist

A glamdrogynous drag deity on a mission to absolve shame and spread the gospel of pleasure, freedom and filth. Glitterfist is the brainchild of Bree Zilla, genderqueer performance art shapeshifter and producer of the successful cult cabaret Glitterfist: Libertine for Midsumma Festival 2018.

Tonie Field

Witness a virtuosic international prize winning ARIA Award winning classically trained non-binary gendered guitarist 'gone roque'. Tonié produces gender subversive interdisciplinary feminist burlesque-'esque' acts that will rock your world. Tonié is Coordinator of Ensemble. Tutor of Guitar and fierce non-binary and feminist advocate at the Victorian College of Fine Arts and Music. (pronouns are they, them and theirs).



Sailor V



The resident DJ at Thursgay, a weekly gueer party held at Yah Yahs. When on deck, Sailor will have all your dancefloor desires covered, serving up retro bangaz and

Dani Sib

A proud Baad & Yawuru woman, Dani hopes to inspire the younger generation of First Nations people through her music. She has participated in the Multicultural Arts Victoria Visible mentorship program for new and emerging artists and worked closely with well-known Melbourne folk/pop singer-songwriter Gossling. Earlier this year she co-produced and presented BBQ: Blak, Beautiful, Queer, a music and performance night celebrating the deadly young queer Aboriginal and Torres Strait Islander folks that are making waves in Naarm and beyond.



The LGBTIQ Women's Health Conference Social & Networking Event is proudly supported by Mind Equality Centre.

The event will be held at Captain Melville, 34 Franklin St. Melbourne VIC 3000.



WELLNESS

WHO TO LOOK OUT FOR

Looking out for yourself and others is of the utmost importance. If you – at any time – need to contact someone, here's who to look out for:



Counsellors

Across the two days, there will be a number of counsellors on-hand. Take the time to talk to someone. If there isn't a quiet space available upstairs, take a walk around, find a seat in the downstairs public restaurant, or go wherever you feel comfortable. Be mindful of others who may need someone to talk to.

Look out for their purple lanyards.



Volunteers

Volunteers will be assisting with a number of tasks over the course of the conference, including registration; room and door hosting; StoryPod or chill space attending. Make sure you give them a friendly *hello*, as the event could not run as smoothly without their work.

Look out for their yellow lanyards.



Staff

Thorne Harbour Health and ACON staff will be present at the conference. These folks have been building the event for the past few months, so probably know an answer or two. We might also recognise your names, so say *q'day*, as it is great to meet you all in person!

Look out for their red lanyards.

BE KIND TO YOURSELF

Wellness Centre

Take a breath and a moment to reflect.

Upstairs we've reserved some space, just for chilling out.

As well as the designated room for relaxing and taking time out – there will be other spaces for recouping. Ask a member of staff or volunteer if you need help finding a space.

Draw, Write, Contribute

There will be pens and paper available to add your thoughts to a designated wall upstairs. These will be collected at the end of the conference for Gabrielle Journey Jones from Creative Womyn Down Under to use as inspiration for the closing performance.

Massage Angels

Daily, 10.30am - 3.30pm.

Each day there will a number of *3 Minute Angels* on hand to massage away your stresses. The angels do not take bookings, just walk-ups. Look out for them across the conference, and be sure to ask volunteers or staff if you cannot spot them.

Tote Bags

Women of all different feathers, flock together.

Attendees at this year's conference all receive individual calico tote bags.

These cute as heck bags were illustrated by Melbourne-based artist Phoebe Hearps and screen printed by Thorne Harbour Health volunteer Roze Elizabeth from Olive Grove Textiles.

Thank you everyone for being part of our LGBTIQ Women's Health Conference flock – a diverse gathering of LGBTIQ women, including Aboriginal women and Sistergirls, women of colour, women with disabilities, non-binary, trans, gender diverse and intersex people.

THANK YOU

Thorne Harbour Health and ACON acknowledge the generous support of our conference sponsors.

















CONFERENCE ENGAGEMENT STATEMENT

The LGBTIQ Women's Health Conference is committed to meaningful inclusion, diversity and access. It aims to create safer spaces to strengthen the health and wellbeing of all LGBTIQ women, including Aboriginal women and Sistergirls, women of colour, women with disabilities, trans, gender diverse and intersex women.

We respect that experiences of lesbian, bisexual and queer sexuality can intersect with diverse gender experiences, intersex status and all forms of marginalisation that women experience. We acknowledge that striving for best practice and positive health outcomes for all women requires meaningful engagement and fostering a cross–sector response that embeds these principles in all aspects of our work.

#LGBTIQWHC18 www.lbq.org.au

